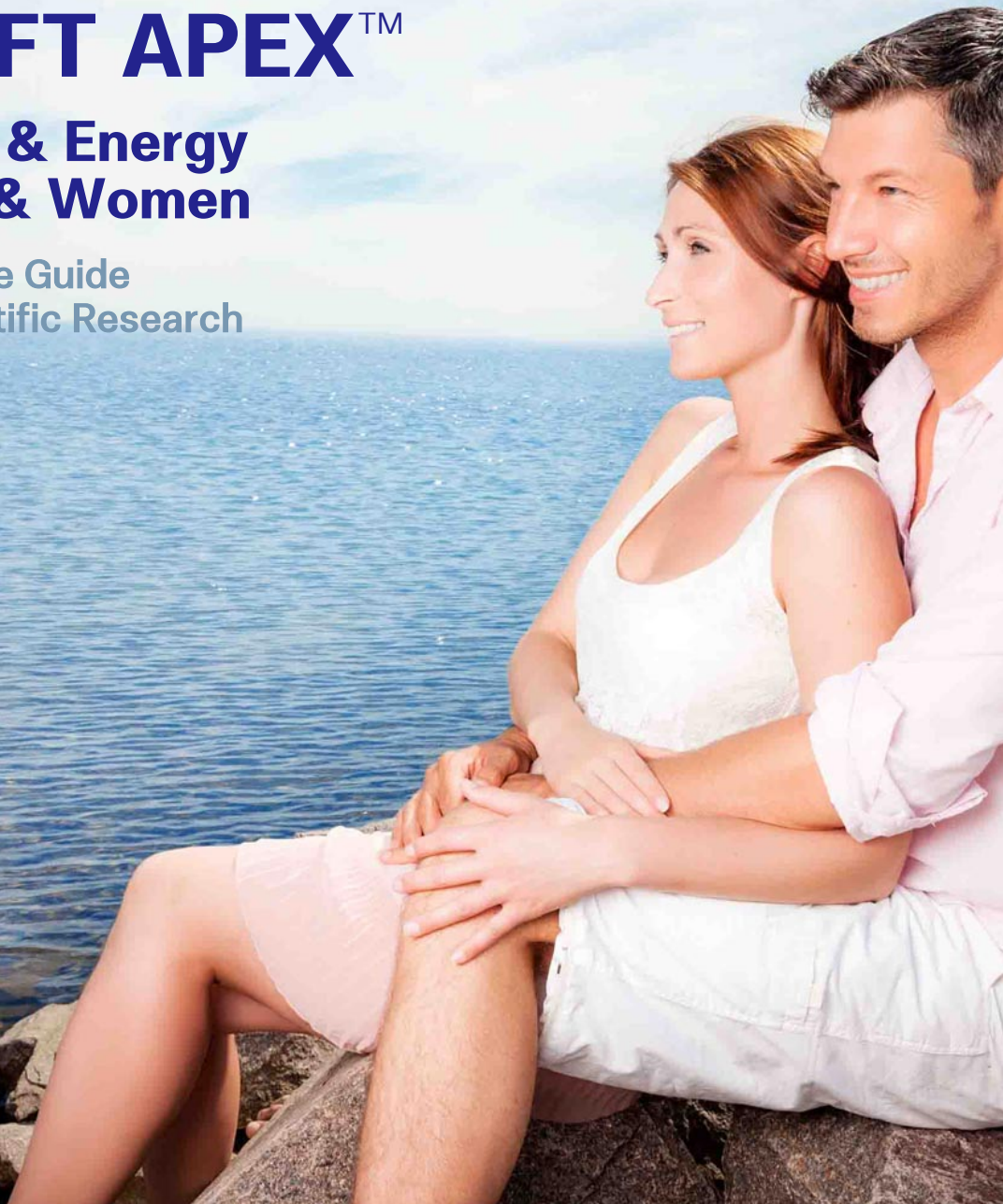
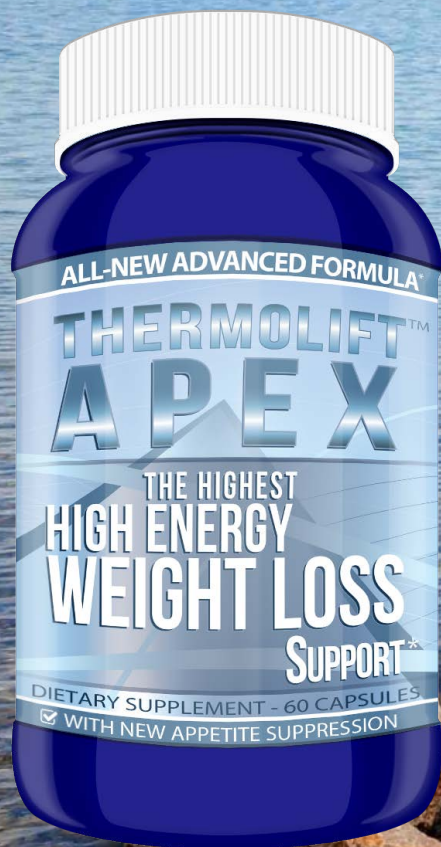


THERMOLIFT APEX™

Extra Strong Diet & Energy Formula for Men & Women

Supplement Facts • Usage Guide
Ingredient Details • Scientific Research



Whether you're a sedentary individual or a competitive athlete, **THERMOLIFT APEX** was designed to give you an extraordinary boost to your metabolism, energy, mood and *inspiration.*



FOR ALL WEIGHT LOSS NEEDS

From the person that wants to achieve that super-toned physique to the individual that desires to just get back down to a healthy weight, **THERMOLIFT APEX**, with newly added *appetite suppression*, can help dramatically increase the success rate.

Whether you need to lose just a few pounds or want to drop 50 pounds (or more), **THERMOLIFT APEX** can help.



FOR ADULT MEN AND WOMEN OF ALL AGES

No matter what stage of life you're at, **THERMOLIFT APEX** can support your weight loss and health ambitions. The formula is designed to produce results for those in their **20's, 30's, 40's, 50's** and beyond!

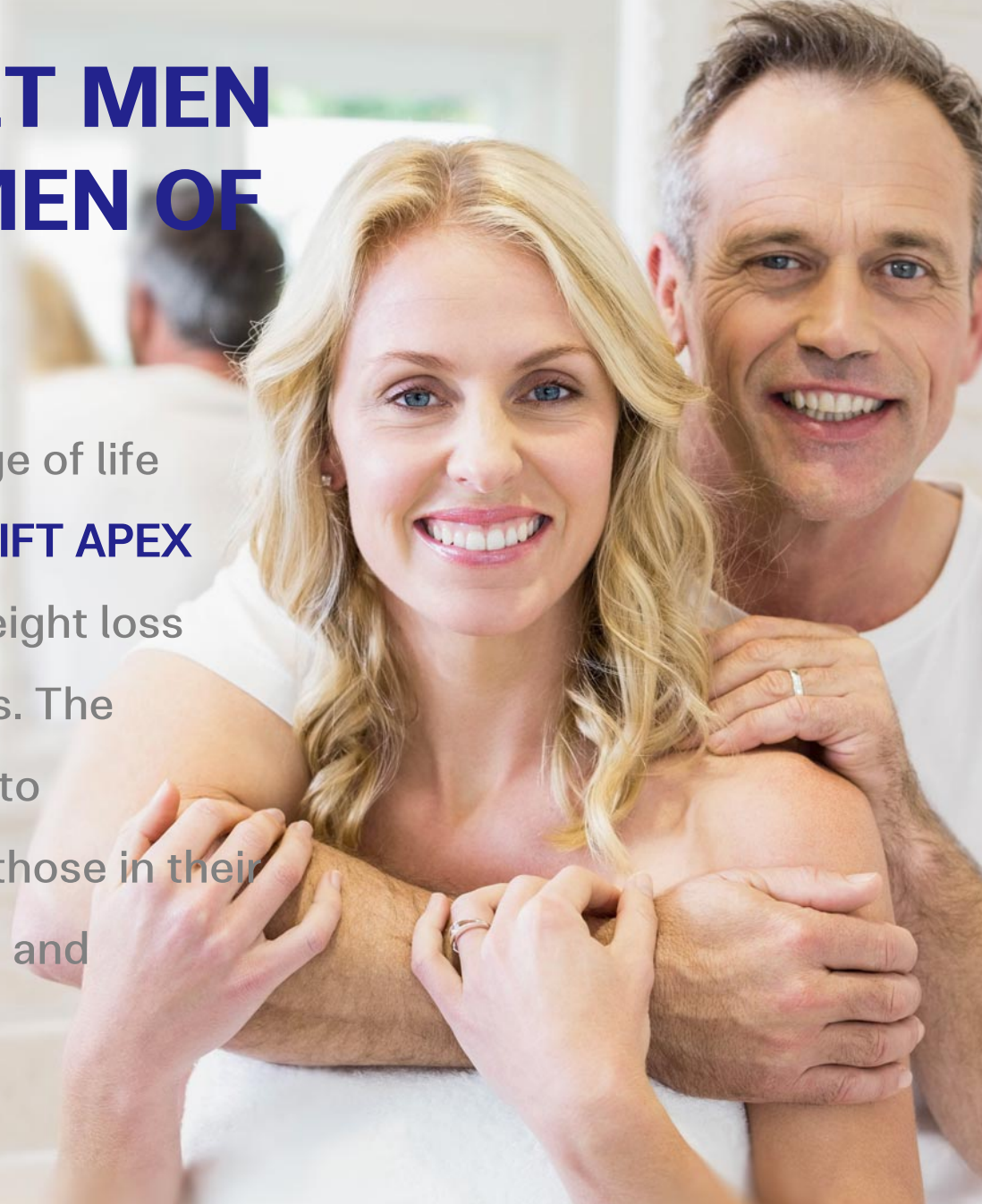


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THERMOLIFT APEX SUPPLEMENT FACTS

All of the scientifically supported ingredients in Thermolift Apex are properly balanced to provide maximum assistance to those that want to lose weight quickly and feel better than ever.

Thermolift Apex is manufactured in the USA in an FDA inspected facility in strict compliance with Good Manufacturing Practices.

With Thermolift Apex you can trust the ingredients to be 100% pure, potent and safe, when used as directed.

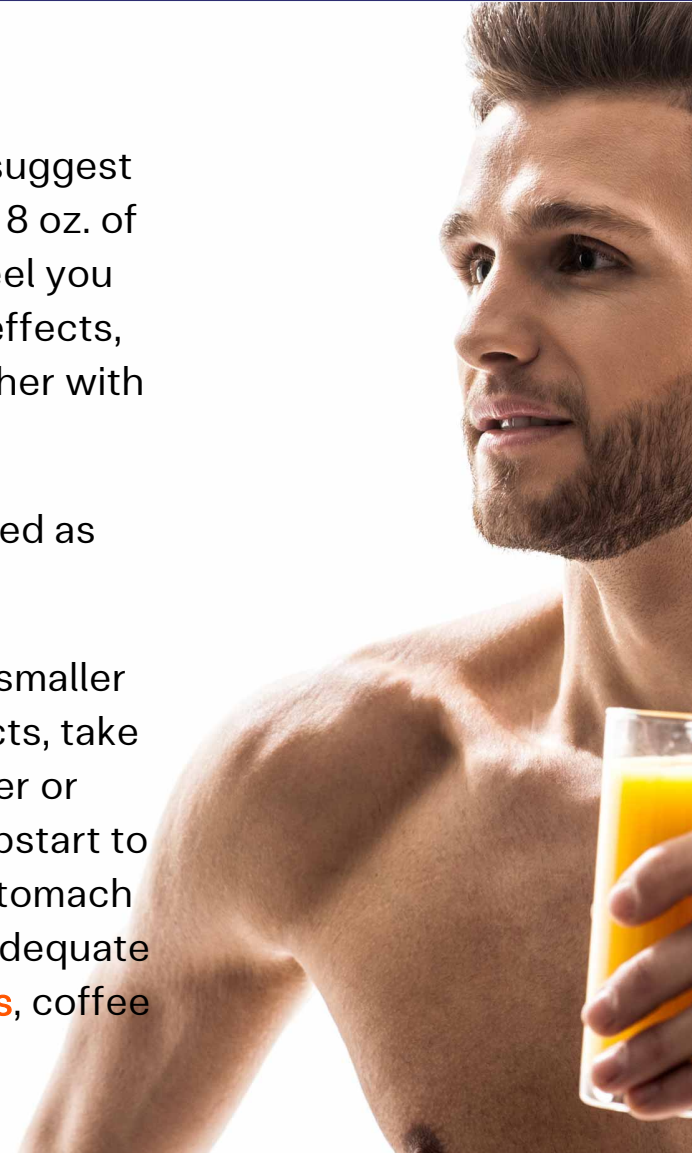


THERMOLIFT APEX USAGE GUIDE

On your first day with THERMOLIFT APEX we suggest only taking one capsule with a meal and at least 8 oz. of water; this can be at breakfast or lunch. If you feel you would like to experience more of the formula's effects, on your second day, try taking two capsules, either with breakfast or lunch.

Taking APEX after lunch time is not recommended as difficulty with sleep in the evening may occur.

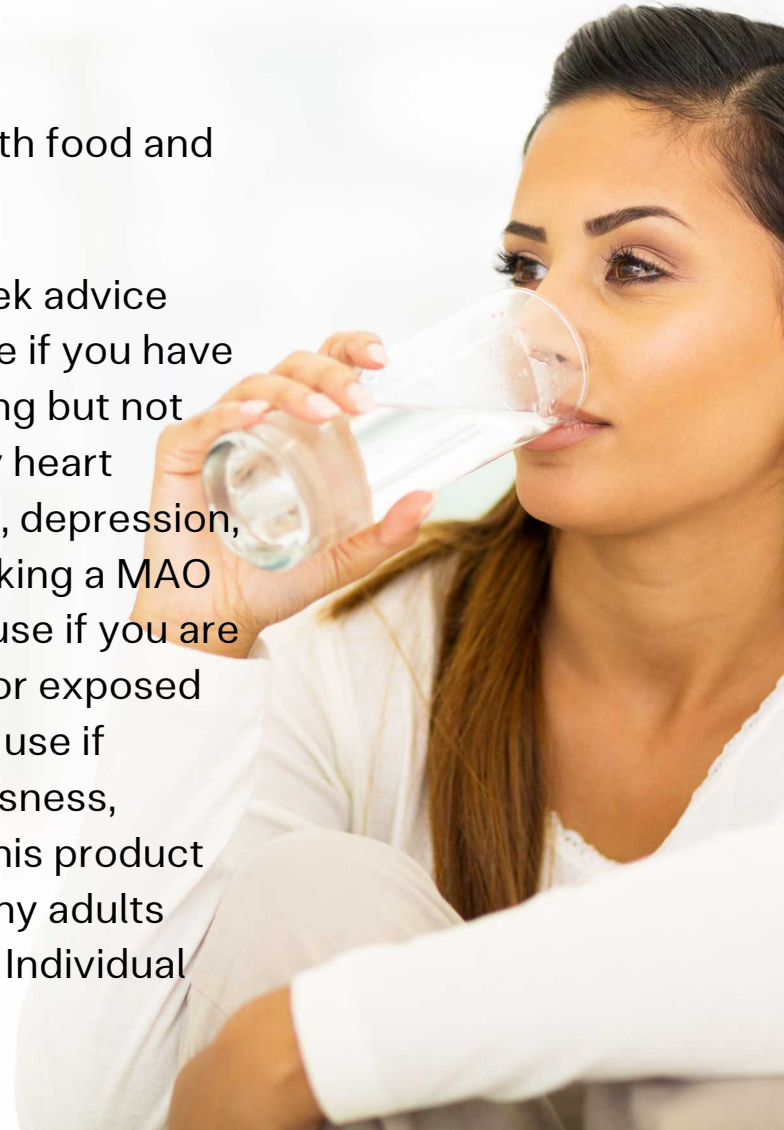
In general, to feel more effects, take APEX with smaller meals or between meals: to tone down the effects, take APEX with larger meals and more fluids like water or natural fruit and vegetable juices. For a real jumpstart to the day, you may try taking APEX on an empty stomach by skipping breakfast: but remember to get an adequate amount of liquids, be it from water, **natural juices**, coffee or tea.



SUGGESTED USE AND CAUTION

SUGGESTED USE: Take one (1) capsule with food and water. Do not exceed 2 capsules per day.

CAUTION: Before consuming product, seek advice from a healthcare practitioner. Do not take if you have any preexisting health conditions, including but not limited to: high or low blood pressure, any heart condition, liver or thyroid disease, anxiety, depression, seizure disorder, diabetes, or if you are taking a MAO inhibitor or any other medication. Do not use if you are pregnant, nursing, prone to dehydration, or exposed to excessive heat. Reduce or discontinue use if sleeplessness, tremors, dizziness, nervousness, headaches, or heart palpitations occur. This product is only intended to be consumed by healthy adults 18-60 years of age. Take as directed only. Individual results will vary.



INGREDIENT LIST

1. Caffeine
2. Glucuronolactone
3. Phenethylamine as Hydrochloride
4. Synephrine Caprylate
5. Nettle Leaf Extract
6. Yohimbe Extract
7. Inositol Niacinate

1. Caffeine

Caffeine is a zero-carb, zero-sugar and zero-calorie stimulant that has been shown to increase resting metabolic rate¹ and reduce body weight.² Caffeine is the world's most widely used central nervous system stimulant, and is used to reduce fatigue, enhance performance and prevent drowsiness, in addition to supporting weight loss.³

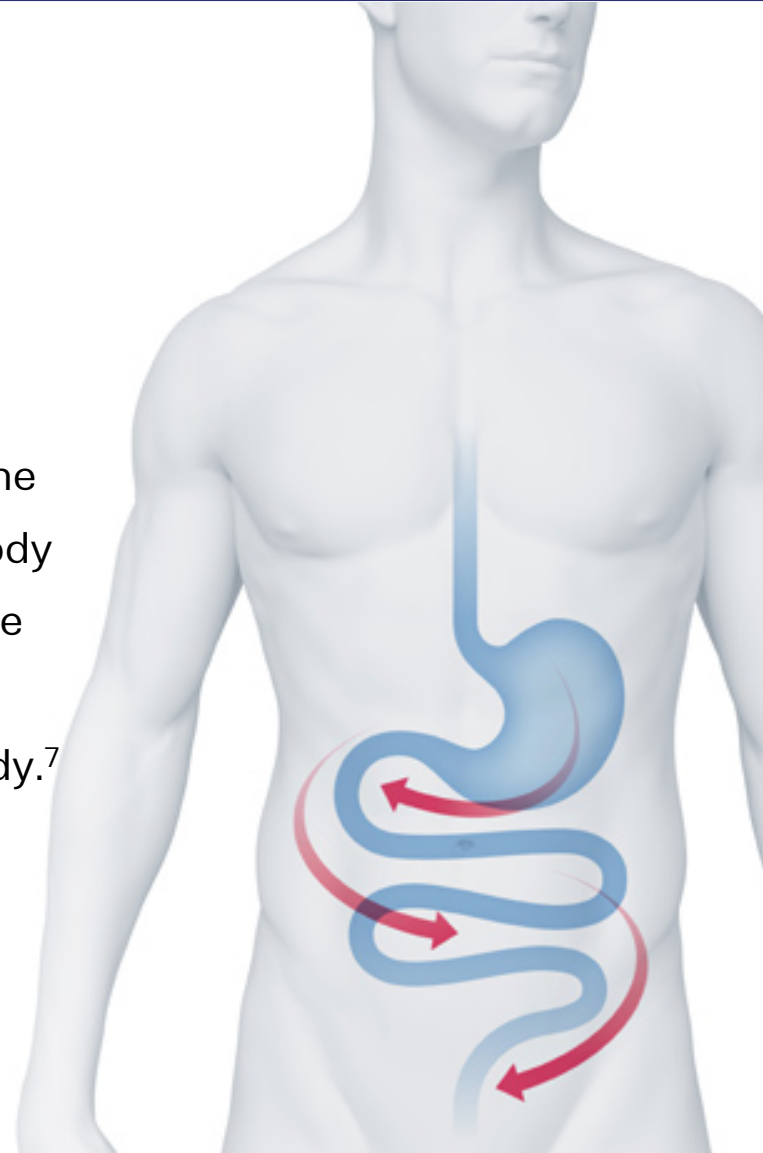
1. Belza, A., S. Toubro, and A. Astrup. "The Effect of Caffeine, Green Tea and Tyrosine on Thermogenesis and Energy Intake." *Eur J Clin Nutr European Journal of Clinical Nutrition* 63.1 (2007): 57-64. Web.
2. Boozer, et al. "The American Journal of Clinical Nutrition." *Coffee, Diabetes, and Weight Control*. N.p., n.d. Web. 09 Apr. 2015.
3. <https://en.wikipedia.org/wiki/Caffeine>



2. Glucuronolactone

Glucuronolactone is a naturally occurring compound that is an important structural component of nearly all connective tissues.⁴ It is used for its *detoxifying properties*.⁵ Glucuronolactone is tied to the process of glucuronidation,⁶ which the body uses to make substances, like toxins, more water-soluble, and, in this way, allow for their subsequent elimination from the body.⁷

4. Merck Index, 11th Edition, 4362
5. Merck Index, 14th Edition, 4467
6. <https://en.wikipedia.org/wiki/Glucuronolactone>
7. <https://en.wikipedia.org/wiki/Glucuronidation>



3. Phenethylamine as Hydrochloride

Phenethylamine (PEA) also known as phenylethylamine, beta-phenylethylamine (beta-PEA) and 2-Phenylethan-1-amine is an organic compound and monoamine alkaloid. It belongs to a class of chemicals that are well known for their psychoactive and stimulant effects.⁸ Academics describe PEA as the body's natural amphetamine:

elevated levels of PEA create the sensation of euphoria or feeling of being intensely in love.⁹

Further research has shown PEA to be an effective *mood and energy booster.*¹⁰



8. Glen R. Hanson; Peter J. Venturelli; Annette E. Fleckenstein (3 November 2005). Drugs and society (Ninth Edition). Jones and Bartlett Publishers. ISBN 978-0-7637-3732-0. Retrieved 19 April 2016.

9. <http://content.time.com/time/magazine/article/0,9171,161030,00.html>

10. <http://www.ncbi.nlm.nih.gov/pubmed/7711493>

4. Synephrine Caprylate

Synephrine, also known as p-synephrine and m-synephrine, has been shown to be a safe yet potent stimulant for *increasing resting metabolic rate and weight loss.*¹¹ Synephrine is an alkaloid that has been shown to have adrenergic effects. Adrenergic means “having to do with adrenaline (epinephrine) or noradrenaline (norepinephrine).”¹²
¹³ Research has also found that, especially when combined with caffeine, *synephrine can enhance performance and assist weight loss.*^{14 15}

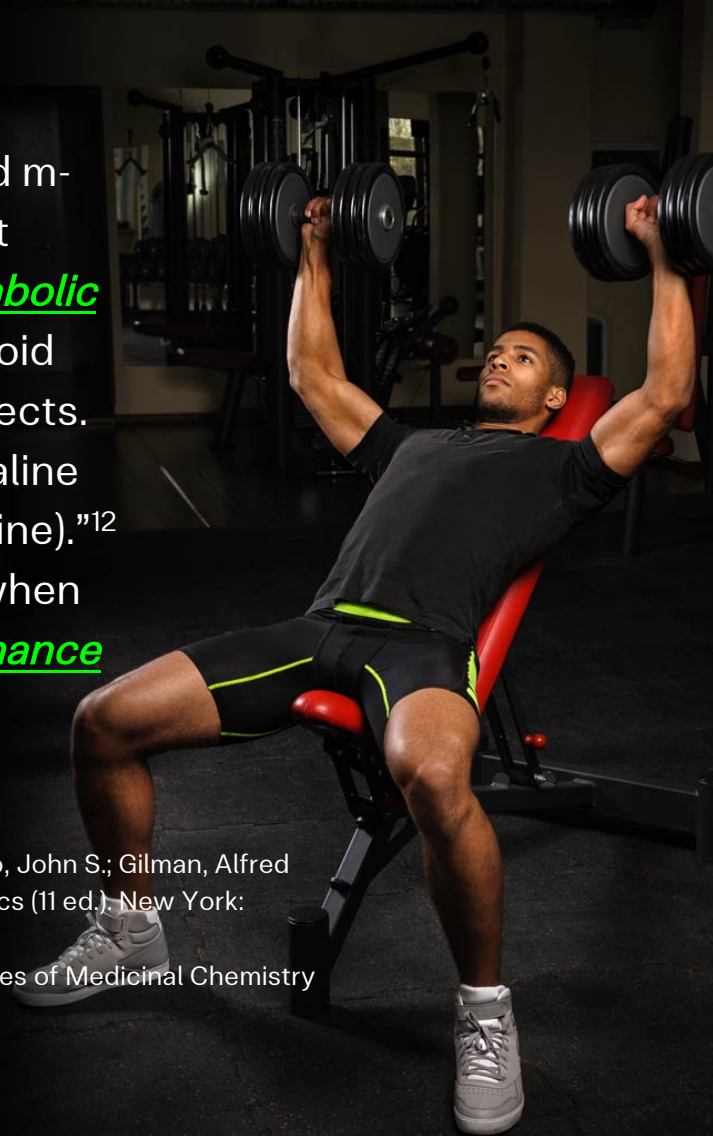
11. <http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3444973>

12. Keith Parker; Laurence Brunton; Goodman, Louis Sanford; Lazo, John S.; Gilman, Alfred (2006). Goodman & Gilman's The Pharmacological Basis of Therapeutics (11 ed.). New York: McGraw-Hill.

13. Thomas L. Lemke, David A. Williams, ed. (2007). Foye's Principles of Medicinal Chemistry (6 ed.). Baltimore: Lippincott Williams & Wilkins.

14. <http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3444973>

15. <http://www.ncbi.nlm.nih.gov/pmc/articles/PMC2485232>



5. Nettle Leaf Extract: Serotonin

Nettle, also known as *Urtica dioica*, common nettle and stinging nettle, is a source of:

1. *Serotonin*¹⁶
2. *Acetylcholine*¹⁶
3. *Histamine*¹⁶

Low levels of serotonin have been linked to depression, and methods to increase serotonin are often prescribed to **boost mood**.¹⁷ When caffeine is part of the diet it is important to maintain serotonin levels since caffeine can cause a depletion of serotonin over time.¹⁸ Adequate serotonin is required to regulate normal appetite, sleep, digestion and immunity.¹⁹



5. Nettle Leaf Extract: Acetylcholine

Acetylcholine is a neurotransmitter, a chemical messenger that helps carry signals across a nerve synapse. Inside the brain acetylcholine functions as a neuromodulator, a chemical that plays a key role in how the brain functions, affecting arousal, attention, and motivation.²⁰ The nervous system uses acetylcholine to activate and control the muscles used for all types of voluntary movement.²¹ Declining levels of acetylcholine have been linked to declining function in memory and thinking.²²

Acetylcholine has excitatory actions at the neuromuscular junction and central nervous system.²³



5. Nettle Leaf Extract: Histamine

Histamine is a neurotransmitter that increases wakefulness.²⁴ Histamine neurons have a double effect on the central nervous system: they stimulate and maintain wakefulness, while also suppressing stress.²⁵

16. https://en.wikipedia.org/wiki/Urtica_dioica
17. <http://umm.edu/health/medical/altmed/condition/depression>
18. <https://www.neurologistics.com/TheScience/WhatareNeurotransmi09CE.asp>
19. <https://www.neurologistics.com/TheScience/WhatareNeurotransmi09CE.asp>
20. <https://en.wikipedia.org/wiki/Acetylcholine>
21. <https://en.wikipedia.org/wiki/Acetylcholine>
22. <https://www.nia.nih.gov/alzheimers/publication/alzheimers-disease-medications-fact-sheet>
23. <http://neuroscience.uth.tmc.edu/s1/chapter11.html>
24. Brown, RE; Stevens, DR; Haas, HL (2001). "The Physiology of Brain Histamine". *Progress in Neurobiology*. 63 (6): 637–672. doi:10.1016/s0301-0082(00)00039-3. PMID 11164999.
25. <http://www.ncbi.nlm.nih.gov/pubmed/16890992>



6. Yohimbe Extract

Yohimbe, also called yohimbine, is an indole alkaloid derived from the bark of the *Pausinystalia johimbe* tree. Scientific research has shown that yohimbe can *“significantly” reduce body fat.*²⁶ Studies have also shown that yohimbe can improve brain function and focus.²⁷

26. “Yohimbine: The Effects on Body Composition and Exercise Performance in Soccer Players.” National Center for Biotechnology Information. U.S. National Library of Medicine, n.d. Web. 07 Apr. 2015. <http://www.ncbi.nlm.nih.gov/pubmed/17214405>.

27. “Noradrenergic Stimulation Enhances Human Action Monitoring.” Noradrenergic Stimulation Enhances Human Action Monitoring. Society for Neuroscience, n.d. Web. 07 Apr. 2015. <http://www.jneurosci.org/content/25/17/4370.full>



7. Inositol Niacinate

Inositol niacinate, also known as no-flush niacin, vitamin B3, nicotinic acid and inositol hexaniacinate, has been shown to boost levels of HDL, the “good” cholesterol.²⁸ Niacin deficiency can cause fatigue, depression, indigestion and poor circulation.²⁹ Niacin is also used to lower LDL cholesterol, which supports weight loss.³⁰ Like all B vitamins, niacin helps the body convert food into fuel.

28. <http://www.mayoclinic.org/diseases-conditions/high-blood-cholesterol/in-depth/niacin/art-20046208?pg=1>

29. <http://umm.edu/health/medical/altmed/supplement/vitamin-b3-niacin>

30. <http://umm.edu/health/medical/altmed/supplement/vitamin-b3-niacin>



BECAUSE LIFE'S TOO SHORT

Don't wait another day to get the body you want, so you can do the things you truly want to do in life and be who you really want to be.

THERMOLIFT APEX™ is designed to give you *EXTRA STRONG* support in the areas that count by promoting:

- *Weight Loss*
- *Energy*
- *Mood*
- *Alertness*
- *Cleansing*
- *Appetite Control*
- *Brain Function*
- *Physical Performance*
- *Metabolism*
- *Inspiration*

THERMOLIFT.com
Advanced Weight Loss & Energy Formulas

